

## Key Stage 2 – PE long term plan 2015 - 2016

	<b>Autumn Term 1<sup>st</sup> Half</b>	<b>Autumn term 2<sup>nd</sup> Half</b>	<b>Spring term 1<sup>st</sup> Half</b>	<b>Spring Term 2<sup>nd</sup> Half</b>	<b>Summer Term 1<sup>st</sup> Half</b>	<b>Summer Term 2<sup>nd</sup> Half</b>
<b>YEAR 3</b>	Invasion Games <i>Passing – netball, football, rugby</i>	Dance <i>Linking Dance actions</i>	Gymnastics <i>Stretching and curling</i>	Swimming	Athletics <i>Running, Throwing, jumping</i>	Striking / fielding games <i>How to hit or strike the ball into space. Fielding as a team</i>
<b>YEAR 4</b>	Net / wall games <i>Controlling and receiving Netball, rugby, football</i>	Dance <i>Re-telling a story</i>	Swimming	Gymnastics <i>Balance</i>	Athletics <i>Developing good running, throwing and jumping techniques</i>	Striking / fielding games <i>How to hit or strike the ball into space. Fielding as a team</i>
<b>YEAR 5</b>	Invasion Games <i>Passing – netball, football, rugby</i>	Dance <i>Formations in historical dance</i>	Gymnastics <i>Bridges</i>	Athletics <i>Set targets and improve performance in running</i>	Swimming	Striking / fielding games <i>Role of bowler, wicket keeper, backstop, fielder and batter</i>
<b>YEAR 6</b>	Net / wall games <i>Controlling and receiving Netball, rugby, football</i>	Dance <i>Putting on a dance performance</i>	Gymnastics <i>Counter balance / counter tension</i>	Athletics <i>Develop technical understanding of athletic activity</i>	Striking / fielding games <i>Develop role of bowler, wicket keeper, backstop, fielder and batter</i>	Swimming

