



# Two choice menu

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

Week one

Cheese and ham panini with wedges and salad  
Jacket potato with cheese, beans, tuna or coleslaw filling  
Butterfly cake, yoghurt or fruit

Contains: Milk, wheat, soya, cereals containing gluten, eggs, mustard, fish, sulphur dioxide & sulphites

Meatballs and mash with seasonal veg and gravy  
Knorr cream of chicken soup and a tuna, cheese, ham or egg filled roll  
Sponge and custard, yoghurt or fruit

Contains: Milk, wheat, rye, oats, barley, mustard, eggs, cereals containing gluten, sulphur dioxide & sulphites, soya, celery, fish

Cheese and chorizo pizza with potato smiles and spaghetti hoops  
Jacket potato with cheese, beans, tuna or coleslaw filling  
Cookie and milkshake, yoghurt or fruit

Contains: Milk, wheat, soya, cereals containing gluten, mustard, eggs, fish, Sulphur dioxide & sulphites  
May contain: Celery, nuts

Roast beef with roast potatoes, carrots, Yorkshire pudding and gravy  
Leek and potato soup and a tuna, cheese, ham or egg panini  
Jelly and fruit, yoghurt or fruit

Contains: Milk, wheat, eggs, cereals containing gluten, mustard, soya

Fish fingers with chips and peas (mushy or garden)  
Jacket potato with cheese, beans, tuna or coleslaw filling  
Pancake and ice cream, yoghurt or fruit

Contains: Milk, wheat, fish, cereals containing gluten, mustard, eggs, soya, fish  
May contain: Rye, oats

Week two

Chicken burger with crisscuts and beans  
Jacket potato with cheese, beans, tuna or coleslaw filling  
Flapjack, yoghurt or fruit

Contains: Milk, wheat, soya, cereals containing gluten, mustard, eggs, fish  
May contain: Rye, oats, barley, sulphur dioxide & sulphites

Cheese and bacon quiche with new potatoes and beans  
Tomato and basil soup and a tuna, cheese, ham or egg filled roll  
Arctic roll, yoghurt or fruit

Contains: Milk, wheat, eggs, cereals containing gluten, soya, celery, mustard, fish

Chicken korma with basmati rice and naan bread  
Jacket potato with cheese, beans, tuna or coleslaw filling  
Brownie, yoghurt or fruit

Contains: Cereals containing gluten, milk, fish, mustard, eggs  
May contain: Soya

Roast gammon with roast potatoes, carrots, peas and gravy  
Knorr cream of chicken soup and a tuna, cheese, ham or egg panini  
Peaches and cream, yoghurt or fruit

Contains: Milk, wheat, soya, cereals containing gluten, rye, oats, barley, eggs, celery, mustard

Harry Ramsden's fish fillet with chips and peas  
Jacket potato with cheese, beans, tuna or coleslaw filling  
Mousse, yoghurt or fruit

Contains: Milk, wheat, fish, cereals containing gluten, mustard, eggs  
May contain: Rye, oats, sulphur dioxide & sulphites, molluscs, crustaceans

Week three

Salmon fish fingers with chips and beans  
Jacket potato with cheese, beans, tuna or coleslaw filling  
Ice cream with fruit, yoghurt or fruit

Contains: Milk, mustard, soya, eggs, fish  
May contain: Rye, oats

All day breakfast - scrambled egg, bacon, sausage, hash brown and beans  
Leek and potato soup and a tuna, cheese, ham or egg filled roll  
Strawberry mousse, yoghurt or fruit

Contains: Milk, wheat, soya, cereals containing gluten, mustard, fish, eggs  
May contain: Rye, oats, lupin

BBQ chicken fillet with garlic and herb potatoes, salad and coleslaw  
Jacket potato with cheese, beans, tuna or coleslaw filling  
Jelly and cream, yoghurt or fruit

Contains: Milk, wheat, soya, mustard, eggs, fish, barley, cereals containing gluten

Roast turkey with roast potatoes, stuffing, carrot, broccoli and gravy  
Tomato and basil soup and a tuna, cheese, ham or egg panini  
Frozen yoghurt, yoghurt or fruit

Contains: Milk, wheat, soya, mustard, eggs, cereals containing gluten, celery  
May contain: Rye, oats

Harry Ramsden's fish fillet with wedges and beans  
Jacket potato with cheese, beans, tuna or coleslaw filling  
Cheesecake, yoghurt or fruit

Contains: Milk, wheat, mustard, eggs, fish, cereals containing gluten  
May contain: Sulphur dioxide & sulphites, molluscs, crustaceans, soya

### April 2018

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

### May 2018

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### June 2018

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

### July 2018

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

### September 2018

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

### October 2018

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Week One Week Two Week Three

