

## **PE Long Term Plan**



|           | Autumn 1            | Autumn 2             | Spring 1                         | Spring 2                   | Summer 1        | Summer 2                              |
|-----------|---------------------|----------------------|----------------------------------|----------------------------|-----------------|---------------------------------------|
| Nursery   | ELGs                | ELGs                 | ELGs                             | ELGs                       | ELGs            | ELGs                                  |
| Reception | ELGs                | ELGs                 | ELGs                             | ELGs                       | ELGs            | ELGs                                  |
| Year 1    | Gymnastics          | Gymnastics/Dan<br>ce | Yoga/<br>Fundamental<br>Movement | Ball Skills                | OAA             | Athletics                             |
| Year 2    | Gymnastics          | Gymnastics/Dan<br>ce | Yoga/<br>Fundamental<br>Movement | Ball Skills                | OAA             | Athletics                             |
| Year 3    | Tennis/Ball Skills  | Dance                | Yoga                             | Swimming/ Ball<br>Skills   | OAA/ Gymnastics | Gymnastics/<br>Athletics/<br>Swimming |
| Year 4    | Tennis/Ball Skills  | Dance                | Gymnastics                       | Gymnastics<br>/ Swimming   | OAA/<br>Yoga    | Athletics/<br>Swimming                |
| Year 5    | Tennis/<br>Swimming | Dance                | Yoga                             | Ball Skills                | OAA/ Gymnastics | Gymnastics/<br>Athletics/<br>Swimming |
| Year 6    | Tennis/<br>Swimming | Dance                | Gymnastics                       | Gymnastics/ Ball<br>Skills | OAA/<br>Yoga    | Athletics/<br>Swimming                |